



## Service Provider Learning Schedule

If you would like to receive more training to understand sex trafficking and the complex needs of survivor of sex trafficking or individual involved with commercial sexual exploitation, this personal guide may be an assistant. These books are available on Amazon or in most libraries. You can also email [info@thevast.org](mailto:info@thevast.org) for help finding these resources. VAST has a copy of “Sex & Money” and shows this documentary publicly at least once a year.

### Phase 1:

- “Sex and Money” documentary
- [www.sharedhope.org](http://www.sharedhope.org) (Demand & DMST online documentary trainings)
- Lloyd, Rachel. *Girls like us*.

### Phase 2:

- Farley, Melissa. *Trafficking, Prostitution and Traumatic stress*.
- Article: Luxenberg & Van der Kolk. *Complex trauma and disorders of Extreme stress Part 1: Assessment and part 2: Treatment*  
[http://www.traumacenter.org/products/pdf\\_files/DESNOS.pdf](http://www.traumacenter.org/products/pdf_files/DESNOS.pdf)
- Polaris Project (view online seminar for service providers, comprehensive assessment tool, etc)<http://www.polarisproject.org/resources/tools-for-service-providers-and-law-enforcement>

### Phase 3:

- Trauma Focused Cognitive Behavioral Therapy (online training) <http://tfcbt.musc.edu/>
- Sher, Julian. *Somebody's Daughter*.
- Courtois, Christine, Ford, Julian & Bessel Van Derkolk. *Treating Complex Traumatic Disorders: An Evidence Based Guide*.

### Additional VAST trainings available for your organization:

- Psychological Trauma: Working with Victims Training by Heather Evans, LCSW (1-3 hrs)
- Basic Human Trafficking Training by certified VAST trainers (1-3 hrs)

### Faith-based resources:

FAAST International. *Hands that Heal: International Curriculum*. (Academic or community-based editions to train caregivers). [www.faastinternational.org](http://www.faastinternational.org)

Langberg, Diane. *Counseling Survivors of Sexual Abuse*.

Langberg, Diane & Monroe, Phil. *Sexual Abuse & Complex Trauma Webinar*.

Tracy, Steven. *Mending the Soul*.

Tracy, Steven. *The Lost daughter* (resources for trafficking survivors and their helpers)